



COVID-19 Discharge Criteria for persons in Home Isolation and Home Quarantine

September 2020

Discharge Criteria for persons in Home Quarantine

Persons in self-quarantine at home will be officially discharged fourteen (14) days after the day that they were exposed to a suspected OR a confirmed case of COVID-19 once they remain asymptomatic (do not display COVID-19 symptoms).

Discharge Criteria for persons in Home Isolation

There are different criteria for persons in self-isolation at home who are symptomatic (with COVID-19 symptoms) and those who are asymptomatic (do not display COVID-19 symptoms).

1. Symptomatic Cases:

Persons in self-isolation at home, who display COVID-19 symptoms, will be discharged after:

- A minimum of ten (10) days after they first had symptoms
- PLUS three (3) days where they do not display
- PLUS an additional seven (7) days.

2. Asymptomatic Cases:

Persons in self-isolation at home, who DO NOT have COVID-19 symptoms, will be discharged after:

- Ten (10) days from the date that the swab was taken for the COVID-19 test
- PLUS an additional seven (7) days.

NB: The timeframes indicated above for home isolation are the minimum timeframes.

The public health representative will officially inform you when you are discharged.

What is the difference between quarantine and isolation?

Quarantine separates and limits the movement of people who were exposed to a contagious disease. These persons may have the disease but have no symptoms.

They are monitored to see if they become sick.

Isolation keeps sick people with a contagious disease away from people who are not sick.